## Listing of claims

## 1. (Cancel)

- 2. (Currently amended) A method according to claim 4 5, wherein application takes place in a bathtub or whirlpool.
- 3. (Currently amended) A method according to claim  $\pm 5$ , wherein the application temperature is between 25 and 60° C.
- 4. (Currently amended) A method according to claim  $\pm 5$ , wherein application to the skin takes place by misting.
- 5. (Previously presented) A method of tanning the human body, wherein at least one self-tanning substance or a formulation comprising at least one self-tanning substance is dissolved in water, the solution is brought to a temperature which is elevated relative to room temperature and the solution is applied to the human body.
- 6. (Previously presented) A method according to claim 5, wherein the human body, as a whole or partially, is immersed into the solution.
- 7. (Previously presented) A method according to claim 5, wherein for even tanning, the human body—completely or partially—is sprayed evenly with the tempered solution.
- 8. (Currently amended) A method according to claim  $\pm 5$ , wherein a water-repellent preparation is applied to parts of the body which are not to be tanned or tanned only slightly.
- 9. (Currently amended) A cosmetic formulation <u>according to claim 16,</u> comprising at least one self-tanning substance, at least one fatty carrier and at

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least one hydrophilic solvent.

10. (Previously presented) A cosmetic formulation according to claim 9, wherein the fatty carrier present is one or more compounds chosen from the ceramides, cholesterol, phospholipids, cholesteryl sulphate, cholesteryl phosphate, phosphatidylcholine, lecithin and/or empty liposomes.

## 11. (Cancel)

- 12. (Currently amended) A method according to claim 4 <u>5</u>, wherein the formulation comprises, as hydrophilic solvent, glycerol and/or propylene glycol.
- 13. (Currently amended) A method according to claim  $\pm 5$ , wherein the formulation comprises 0.1 to 50% by weight of fatty carrier.
- 14. (Currently amended) A method according to claim 4 <u>5</u>, wherein the self-tanning substance is 1,3-dihydroxyacetone.
- 15. (Currently amended) A method according to claim 4 <u>5</u>, wherein the concentration of the self-tanning substance is from 0.01 to 10% by weight.
- 16. (Currently amended) A cosmetic formulation comprising at least one self-tanning substance wherein the formulation is a liquid, creamy, milky and/or gellike bath additive, a bath tablet, a bath salt and/or a bath capsule.
- 17. (Currently amended) A method according to claim  $\pm 5$ , wherein the application temperature is between 30 and 55° C.
- 18. (Currently amended) A method according to claim  $\pm 5$ , wherein the application temperature is between 37 and 50° C.

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- 19. (Cancel)
- 20. (Previously presented) A method according to claim 15, wherein the concentration of the self-tanning substance is from 0.05 to 5% by weight.
- 21. (Previously presented) A method according to claim 13, wherein the formulation comprises from 0.5 to 10% by weight of fatty carrier.
- 22. (Previously presented) A method according to claim 12, comprising from 0.1 to 50% by weight of said hydrophilic solvent.
- 23. (Previously presented) A method according to claim 22, comprising from 0.5 to 20% by weight of said hydrophilic solvent.
- 23 24. (Currently amended) A method according to claim 5, wherein said self tanning substance is glycerol aldehyde, hydroxymethylglyoxal,γ-dialdehyde, erythrulose, 6-aldo-D-fructose, ninhydrin, 5-hydroxy-1,4-naphthoquinone (juglone), or 2-hydroxy-1,4-naphthoquinone (lawsone).
- 25. (New) A method according to claim 5, wherein said formulation is creamy, milky, gel-like, a bath tablet, a bath salt and/or a bath capsule.
- 26. (New) A method according to claim 25, wherein said formulation is a bath tablet, bath salt, or bath capsule.
- 27. (New) A cosmetic formulation according to claim 16, wherein the formulation is a bath tablet, a bath salt and/or a bath capsule.

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